

# Treatment menu



The Spa  
at  
VILLAVIE  
ODYSSEY

OPERATED BY



OceanView  
SPA MANAGEMENT | MONACO MC



## UNIQUE EXPERIENCE

A fusion of luxury and calmness,  
The Spa at **Villa Vie ODYSSEY**  
offers a wide range of nurturing treatments  
that come courtesy of trusted spa and beauty names  
that include Lajatica and our expert therapists

L A J A T I C A  
EQUILIBRIO. CORPO E ANIMA.



## COMBINING TRADITION AND INNOVATION

LAJATICA is a high-performance wine cosmetics line for 100% natural beauty by the Bocelli 1831 wine estate, the first line of wine-based cosmetics made entirely in the agricultural sphere from the cultivation of the grape to harvest, to wine, to the transformation in the cosmetic laboratory to the finished packaged products. All LAJATICA products have a powerful antioxidant effect and therefore help to combat ageing, as oxidation is responsible for causing the tissue to age. LAJATICA's standout feature, however, is its high concentration of grape polyphenols, particularly resveratrol. Resveratrol is known as "the molecule of eternal youth". Dr David Sinclair of Harvard Medical School has called it the best anti-ageing molecule available today.

# FACIALS

## AGE-DEFYING

LAJATICA | SANGIOVESE 60 min

\$190

Fight the first signs of ageing with the Sangiovese Age-Defying Facial, a wonderfully rejuvenating treatment based on the free-radical fighting qualities of polyphenols, found in grape extracts. Relax into the expert hands of our experienced therapists as these age-fighting compounds do their work.

## FIRMING

LAJATICA | CABERNET SAUVIGNON 60 min

\$190

Pamper a more mature complexion with this soothing facial treatment. Based on resveratrol, a natural compound found in the skin of grapes, this relaxing treatment helps fight deeper wrinkles, leaving skin firmer, and helping redefine the profile.

## BRIGHTENING

LAJATICA | PINOT GRIGIO 60 min

\$190

Delivering a brightening effect, without compromising your tan, this facial treatment is a great way to take some time out for yourself and your skin. Employing the excellent antioxidant qualities of borage, rich in Omega 6, it has a gently moisturizing, firming effect on your skin, leaving it feeling soft and velvety, more elastic.

## MEN'S LUXURY

LAJATICA | MORELLINO 60 min

\$190

The Morellino Men's Facial is perfect for men's skin. Using the active properties of the plant Verbascum combined with cypress essential oil, this treatment will help fight shine and reduces the signs of ageing.

# RITUALS

## BODY VELVET

LAJATICA | SANGIOVESE 90 min

\$265

Made with the highest quality Sangiovese IGT (Indicazione Geografica Tipica) grapes, and enriched with mallow, sage and aloe vera, this velvety body treatment is a relaxing, soothing experience. The active properties found in grapes combine with essential oils for skin that is healthier, brighter and delightfully soft.

## BODY STIMULATING

LAJATICA | CABERNET 90 min

\$265

This luxurious anti-cellulite body treatment is ideal for stimulating circulation and reducing the appearance of bumpy, orange-peel skin. It uses a Cabernet grape mousse, known to increase cellular turnover, enriched with rosemary and oak extracts for a revitalizing boost.

## BODY SCRUB

LAJATICA | CABERNET 30 min

\$70

Enjoy the rejuvenating benefits of a body peeling treatment based on the seeds and grape must of Cabernet grapes. This wonderfully indulgent treatment exfoliates and purifies, nourishes and moisturizes, leaving your skin refreshed, brighter, and silky to the touch.

## BALINESE THALASSA

Villa Vie ODYSSEY EXCLUSIVE 60 min

\$180

Escape into a beautiful aromatic world with this full-body scrub, with a peeling made from 100% natural seaweeds and sea salt. This prepares your skin in readiness for the mineralizing algae body mask, which leaves you feeling toned, fresh and deeply relaxed. This powerful ritual smooths the look of skin and helps to reduce the appearance of the signs of ageing.

## RELAX AND SLEEP

Villa Vie ODYSSEY EXCLUSIVE 90 min

\$265

The ultimate massage for your best night's sleep. To ease the tensions and relax the entire body, a lavender body peel, followed by a body mask. Carefully applied pressure relieves key areas of tension, whilst aromatherapy essential oil blend sedates, calms and grounds you, and guided breathing induces a serious state of relaxation. This relaxing massage focuses on your back, scalp, arms, legs and feet, followed by a facial featuring a cleanse, massage and mask.

## ULTIMATE HYDRATION

Villa Vie ODYSSEY EXCLUSIVE 60 min

\$180

Bring back your radiance with this comforting and restorative treatment designed to rejuvenate dry, out-of-condition skin. An intensive rose, geranium and marigold scented natural body scrub prepares the body for a super-moisturizing body mask, giving the lucky recipient luminous skin tones. This traditional treatment concludes with a moisturizing facial treatment. A renewing treatment unlike any other.

## BESPOKE RITUALS

### VILLA VIE ODYSSEY BESPOKE BODY THERAPIES

TAILORED TO YOU 60 | 90 | 120 min

\$180 | \$265 | \$330

Indulge in a bespoke spa service – the ultimate experience at the Villa Vie ODYSSEY Spa. Our expert Therapists will create a fully personalised treatment tailored to your exacting need. Starting with a private consultation to establish any specific focus areas or spa desires. An incredible treatment that leaves you feeling cherished and complete.



# MASSAGE

## MEDITERRANEAN CITRUS

LAJATICA | NOURISHING 60 min

\$190

Ideal for releasing tension and nourishing the skin, this gentle massage uses a mild treatment made from grape seeds, Mediterranean citrus and rosemary extracts. With the addition of warm compresses filled with grape seeds and red vine extracts to improve micro-circulation and work against the negative effects of free radicals.

## BALINESE

HEAD TO TOE RELAXATION 30 | 60 | 90 min

\$95 | \$180 | \$265

Indulge in a relaxing full-body, deep-tissue, holistic treatment. Using a combination of gentle stretches, acupressure, reflexology, and aromatherapy this extraordinary massage stimulates the flow of blood, oxygen and energy around your entire body, and bring a sense of wellbeing, calm and deep relaxation.

## BALINESE FOUR HAND

DOUBLE RELAXATION 60 | 90 min

\$360 | \$525

Double the hands, double the relaxation. This soothing massage is provided by two therapists working together in synchronized massage strokes to calm the body, mind and spirit.

## DEEP TISSUE

TOTAL REGENERATION 60 | 90 min

\$180 | \$265

Focusing on the deeper layers of muscle tissue to relieve acute tension. Designed to release stress, eases muscle tension, boosts circulation and improve mobility, as well as muscle and skin tone.

## HOLISTIC

IMPROVE YOUR OVERALL HEALTH 60 | 90 min

\$180 | \$265

Hands and oil massage, extremely relaxing for your muscles, but even more relaxing for your mind.

## HOT STONE

DEEP MUSCLE RELAXATION 60 | 90 min

\$180 | \$265

Experience lasting relaxation for mind and body. Bespoke massage with hot stones loosens persistent muscular tightness while pure, aromatic essential oils encompass your mind to relieve stress, recharge your spirits and leave you feeling rejuvenated.

## SEASHELLS

DEEPLY RELAXING 60 | 90 min

\$190 | \$280

An indulgent and truly pampering relaxing full body treatment using the natural benefits of heated sea shells to transport you to the warm beaches of the Tropics. This treatment stimulates blood supply resulting in healthier looking skin whilst the deep tissue pressure point massage eases away muscle tension, releases energy flow and restores a sense of balance to the entire body and mind.



## WARMING CANDLE

INTENSE HYDRATION 60 | 90 min

\$190 | \$280

A soothing and relaxing body massage, using a warm nourishing aromatic massage candle. The warm oil from the candle is poured over the body for a prolonged body massage, using deep and soothing movements. Perfect for hydrating the skin and gives warmth to relieve stress or aches and pains.

## BAMBOO

PROMOTES CIRCULATION 60 | 90 min

\$190 | \$280

This deep tissue massage is designed to relieve stress, muscle tension, aches and pains, whilst the soothing fragranced oils deeply nourish the skin. The bamboo cane replaces the therapist's hands, allowing a deeper, firmer massage. The cane is rolled over the muscle to effectively roll out any knots and tension, leaving you feeling energised both inside and out.

## HIMALAYAN DREAM

ALLEVIATE MUSCLE TENSION 60 | 90 min

\$190 | \$280

This incredibly intense, nourishing treatment, uses warm salt crystal stones to soothe away stress and tension, and promote an increased sense of well-being. Its grounding properties help to improve sleep and balance the Central Nervous System. Additionally, the stone's natural salt properties gently exfoliate the skin to promote naturally smooth and silky skin, reducing signs of ageing.

## ENHANCEMENT

### REFLEXOLOGY

BOOSTING ENERGY 20 min

\$60

Relieves stress and tension from the body through foot massage of reflex zones. It improves circulation and helps restore the body's back into its natural state of equilibrium.

### SCALP MASSAGE

STRESS REMEDY 20 min

\$60

Designed to relax the mind and encourage circulation. Often tension is felt within the head and neck, so scalp massages can be very effective as a stress reducer. Warm oil is massaged throughout the scalp, working to relax tight muscles in the temple and neck regions.

### HAND OR FOOT TREATMENT

DEEP MOISTURISING 35min

\$50

Experience a luxurious hand or foot treatment. To start with, skin is exfoliated with scrubs to remove dry and damaged cells. A paraffin wax dip paired with a hand massage adds a touch of extra pampering to any treatment, especially treatments already focused on dry skin.

# BEAUTY

## WAXING

HALF   FULL LEGS	\$45
UNDERARMS	\$20
LOWER ARMS	\$25
FULL ARMS	\$40
LIP   CHIN or EYEBROWS	\$15
BIKINI LINE	\$25

## HANDS AND FEET

SPA MANICURE 60 min	\$65
EXPRESS MANICURE 25 min	\$30
SPA PEDICURE 60 min	\$85
EXPRESS PEDICURE 30 min	\$40

## NAIL RECONSTRUCTION

RECONSTRUCTION or REPAIR SINGLE NAIL	\$115
GEL OVERLAY on natural nails	\$18
	\$59

## NAILS ADD-ONS

SEMI PERMANENT (Nail Polish)	\$10
FRENCH	\$15

## MAKEUP

from \$39

## HAIR SALON

SHAMPOO & STYLE	\$40
CUT	\$32
COLOUR	\$52
GLOSS	\$39
COLOUR & LIGHTEN	\$72
CONTRASTS	\$84
HIGHLIGHT	\$72
HAIRSTYLING	\$39

### HAIR SALON ADD-ONS

RITUALS (AVEDA Shampoo, Mask And Texturizer/Thermique)	\$19
AVEDA Shampoo	\$7
AVEDA Mask	\$7
Flat Iron Straightener	\$12
Extension Fee	\$13

## SPA ETIQUETTE

### RESERVATION

Advanced bookings are recommended to guarantee preferred times and dates.

### ARRIVAL

Guests are asked to arrive 10 minutes prior to their appointment to familiarise themselves with the facilities and focus their minds on relaxation.

### VALUABLES

We suggest to our guests to leave valuables in the safe provided in their stateroom.

### PRODUCTS RETURN POLICY

Refunds are offered for all unopened products when accompanied by a receipt and returned by the end of the stay.

### ENSURING A WONDERFUL EXPERIENCE

We welcome guests to discuss openly likes, dislikes, concerns or questions with your therapist before and during treatment.

### OPENING HOURS

The Spa is open daily from 9am to 9pm (opening hours may be subject to change).

VILLA VIE  
ODYSSEY

*For reservations, please come to visit us at Deck 3*